

Sermon Based Small Group Guide

For November 12, 2017 sermon:

Exodus: "The what and why of water"

Warm up: (15-20 minutes)

Question for discussion:

Some of the things people used to do in the name of "medicine" (bleeding people out, drilling holes in head to relieve headaches, etc.) were TERRIBLE ideas and dangerous, but some "old fashion remedies" were just good, common-sense. Are there any remedies your family used to practice to get or stay healthy?

Digging deeper: (20-30 minutes)

1. God is wise beyond our understanding and gave many instructions that were meant to keep His people free from the diseases that the people around them were plagued with. Read the following passages and discuss the wisdom of God's "pre-science" commands:

- Deuteronomy 14:8-10
- Deuteronomy 23:12-14
- Leviticus 11:39-40
- Leviticus 13:14-15
- Leviticus 14:33-40

2. The Israelites were terribly thirsty after three days without water, but rather than praying to their powerful God or asking Moses for help, they immediately resort to grumbling and complaining. What does the Bible say about these behaviors?

- James 5:7-9
- 1 Corinthians 10:1-10
- Psalms 106:21-27

INSTEAD (1 Thessalonians 5:16-18) what should the believer's attitudes and actions be?

Application: (5-10 minutes) In Proverbs 30:7-9, there is an honest prayer from someone who understood that in life, both "too MUCH" and "too LITTLE" are problems for us. Our moral integrity tends to struggle with both. What is an honest prayer about something you struggle with that you need to pray tonight?